

## CIDESCO Readiness Skin Care CERTIFICATE

### Program Overview

This certificate is designed for the licensed esthetician or licensed cosmetologist who wants to examine for the International CIDESCO certification. It provides the course work to support the CIDESCO exam prep class and CIDESCO examination. With CIDESCO certification, the licensed esthetician is able to complete a massage program, certify as a massage therapist, complete a nail technician program and obtain a nail technician license. CIDESCO is the world's largest major International Beauty Association. **Program enrollment requires a current Minnesota Cosmetology or Esthetics license.**

### Career Opportunities

The CIDESCO certification holder is cross trained and able to offer potential employers, skills in esthetics, massage therapy, body assessment and treatment and nail care. Cross trained therapists are able to work in spas, fitness centers, 5 star resort spas, and on cruise ships.

### Program Outcomes

1. Graduates will have knowledge and skills in esthetician services.
2. Graduates will be prepared to take the International CIDESCO practical and written exam.
3. Graduates will have prepared their case studies project.
4. Graduates will have a deeper understanding of the skin and skin analysis.
5. Graduates will have knowledge and skills for work and life roles.

### Program Faculty

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### Program Requirements

- Check off when completed
- Required Program Orientation**  
All Cosmetology, Esthetics and Nail Technician applicants must attend a program orientation prior to enrollment as a full-time student. Please call the Clinic receptionist at 651.846.1329 to reserve your space at an orientation.

Course	Cr
<input type="checkbox"/> CHSN 1698 Body Systems & Diseases (online) . . .	3
<input type="checkbox"/> CHSN 1699 Preclinic Introduction (online) . . . . .	3
<input type="checkbox"/> ESTH 1645 Cosmetic Chemistry & Makeup Applications . . . . .	4
<input type="checkbox"/> ESTH 1650 Skin Analysis & Massage . . . . .	4
<input type="checkbox"/> ESTH 1651 Clinic 1 for Estheticians . . . . .	4
<input type="checkbox"/> ESTH 1652 Clinic 2 for Estheticians . . . . .	4
<input type="checkbox"/> ESTH 1671 CIDESCO Exam Prep* . . . . .	4
<input type="checkbox"/> ESTH 1672 CIDESCO Exam* . . . . .	2
*Classes offered only summer term	
<b>Subtotal . . . . .</b>	<b>28</b>

### Textbook and Supply Costs

Students should expect to spend approximately \$1,900.00 for esthetics books and supplies (ESTH 1645, 1650 & 1651). Tuition, college fees, and books required for remaining courses are not included in this cost. Items can be purchased in the College Bookstore. Financial aid must have been completed.

### Current Minnesota Esthetics or Cosmetology License:

Students must bring a copy of their license on the first day of class. A copy will be added to the students' permanent file.

### Program Start Dates

Fall, Spring

### Course Sequence

The following sequence is recommended. Not all courses are offered during summer session.

Full-time students can complete the program in two semesters.

#### First Semester

CHSN 1698 Body Systems & Diseases (online) . . . . . 3  
This course is a prerequisite to or must be taken concurrently with ESTH 1645, ESTH 1650, ESTH 1651 and ESTH 1652

CHSN 1699 Preclinic Introduction (online) . . . . . 3  
This course is a prerequisite to or must be taken concurrently with ESTH 1645, ESTH 1650, ESTH 1651 and ESTH 1652

ESTH 1645 Cosmetic Chemistry & Makeup Applications . . . . . 4

ESTH 1650 Skin Analysis & Massage . . . . . 4

ESTH 1651 Clinic 1 for Estheticians . . . . . 4

ESTH 1652 Clinic 2 for Estheticians . . . . . 4

**Total Semester Credits . . . . . 22**

#### Second Semester

ESTH 1671 CIDESCO Exam Prep\* . . . . . 4

ESTH 1672 CIDESCO Exam\* . . . . . 2

\*Classes offered only summer term

**Total Semester Credits . . . . . 6**

**Total Program Credits . . . . . 28**

### Minimum Program Entry Requirements

Students entering this program must meet the following minimum program entry requirements:

**Reading:** Score of 240+ or grade of "C" or better in READ 0721 or READ 0724 or EAPP 0860

**Writing:** Score of 240+ or grade of "C" or better in ENGL 0921 or EAPP 0870

**Arithmetic:** Score of 237+

#### Assessment Results and Prerequisites:

Students admitted into Saint Paul College programs may need to complete additional courses based on assessment results and course prerequisite requirements. Certain MATH, READ, and ENGL courses have additional prerequisites.

*This advanced certificate is designed for the licensed esthetician or licensed cosmetologist.*

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*Information is subject to change.  
This Program Requirements Guide is not a contract.*

### CIDESCO

Saint Paul College – A Community and Technical College Esthetician Program is a CIDESCO school. This means the program is allowed to prepare candidates for the CIDESCO examination.



Comite International d'Esthetique et de Cosmetologie  
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website: www.cidesco.com

