Program Requirements Guide

Public Health AS DEGREE

Program Overview

The Public Health AS degree is designed for students who plan to pursue a bachelor's degree in public health, health education, community health, epidemiology, health administration, or environmental health. The program builds upon foundational knowledge of the biological sciences and emphasizes communication, cultural competency, and the ability to interpret qualitative and quantitative research. Students admitted to the program will explore the public health system, population health challenges, biometric and social determinants of health, and public health preparedness through a variety of applied learning and community service opportunities.

Career Opportunities

Want to help change lives? Public Health professionals work in federal, state, and non-profit agencies, as well as in academic institutions, hospitals, and clinics. They influence change through education, health promotion, research, and policy. Specific job titles may include; health educator, healthcare administrator, emergency preparedness specialist, field investigator, food-safety inspector, epidemiologist, public health nurse, WIC nutrition specialist, or refugee coordinator. Employment Outlook for Health Educators in the seven county Minneapolis-Saint Paul, MN area is expected to increase by 8.8 percent between 2014-2024.

Program Outcomes

- Identify concepts of personal and population health and disease, including evidence-based interventions that address health-related needs.
- Discuss concepts of marketing, analysis, selection, and decision-making regarding health care, products, services, and health providers.
- 3. Describe key concepts of public health, including the history, core values, and practice.
- 4. Explain the key concepts, purpose and theories of public health education and promotion.
- Define major components in health care management and administration, including the characteristics and organizational structure of the public health systems.
- 6. Discuss the historical development of environmental health, focusing on the basic relationships between the physical environment and human health.
- Describe key concepts of global health, including demographic and epidemiological transitions, measures of health status, and the burden of disease.
- 8. Explain the ways in which public health core competencies are used in public health work.
- Compare methods for assessing individual and population determinants of health, disease, and health disparities.

Program Faculty

Brendan L. Ashby brendan.ashby@saintpaul.edu

Program Requirements

☑ Check off when completed

Core required Courses	Cr
□ PUBH 1700 Personal & Community Health □ PUBH 1710 Consumer Health	.3 .3 .3
Choose 1 course for your focus area	
	20
General Education/MnTC Requirements	Cr
Refer to the Minnesota Transfer Curriculum Course List for each Goal Area Goal 1: Communication	
BIOL 2721 Anatomy & Physiology 1 - 4 cr BIOL 2722 Anatomy & Physiology 2 OR CHEM 1711 Principles of Chemistry 1 - 4cr Goal 4: Mathematical/Logical Reasoning. MATH 1740 Introduction to Statistics Goal 5: History, Social Science, and Behavioral Sciences. PSYC 1710 General Psychology - 4cr SOCI 1710 Introduction to Sociology - 4cr General Education Requirements	.8
Total Program Credits	50

Information is subject to change. This Program Requirements Guide is not a contract.

Program Start Dates

Fall, Spring, Summer

Transfer Opportunities

Saint Paul College has a transfer articulation agreement between the following program and post-secondary institutions for the baccalaureate degree programs listed below.

For more information please go to www.saintpaul.edu/Transfer.

Public Health AS Degree

- BA Community Health Science Concordia University
- BS Healthcare and Human Service Management Saint Mary's University-Twin Cities Campus
- BS Community Health
 Saint Cloud State University
- BA Health Care Administration Concordia University, St. Paul
- BA Individualized Studies Metropolitan State University

See back of this guide for Course Sequence

Minimum Program Entry Requirements

Students entering this program must meet the following minimum program entry requirements:

Reading: Score of 78+ or grade of "C" or better in READ 0722

Writing: Score of 78+ on Reading Comprehension or grade of "C" or better in ENGL 0922

College Level Mathematics: Score of 50+ or grade of "C" or better in MATH 0920

Assessment Results and Prerequisites:

Students admitted into Saint Paul College programs may need to complete additional courses based on assessment results and course prerequisite requirements. Certain MATH, READ, and ENGL courses have additional prerequisites.

372S (7212)





Public Health AS DEGREE (continued)

Course Sequence

The following sequence is recommended for a full-time student; however, this sequence is not required. Not all courses are offered each semester and some may be offered summer term.

First Semester

ENGL 1711 Composition 1 4 BIOL 1740 General Biology 1 5 PUBH 1700 Personal & Community Health 3 SPCH 1710 Fundamentals of Public Speaking 3 Total Semester Credits 15
Second Semester ENGL 1712 Composition 2 2 BIOL 2721 Anatomy & Physiology I 4 MATH 1740 Introduction to Statistics 4 PUBH 1710 Consumer Health 3 SPCH 1730 Intercultural Communications 3 Total Semester Credits 16
Third Semester BIOL 2722 Anatomy & Physiology 2 OR CHEM 1711 Principles of Chemistry 14 PSYC 1710 General Psychology
Fourth Semester BIOL 1760 Nutrition 3 PUBH 2XXX Focus area course 3 PUBH 2720 Global Health 3 PUBH 2770 Public Health Practicum 2

SOCI 1710 Introduction to Sociology 4 Total Program Credits 60



